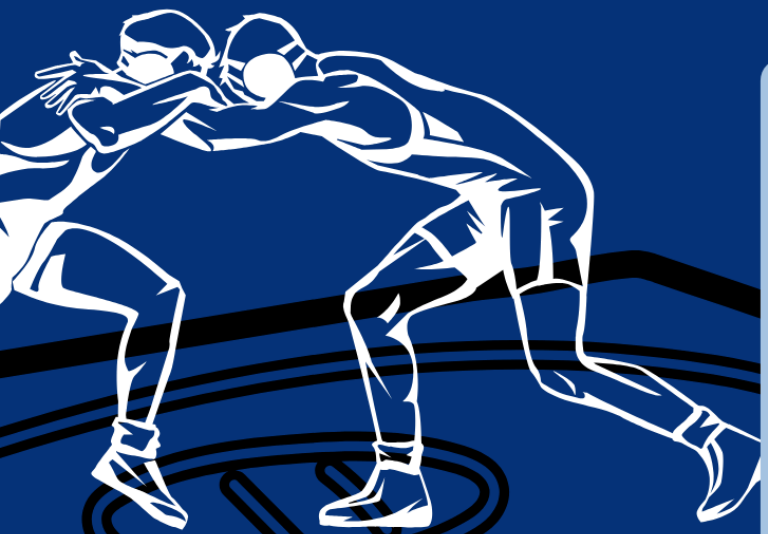
St John the Baptist CATHOLIC SCHOOL

YOUTH WRESTLING



Youth Wrestling Club

WHO Boys in grades K-8 (Wrestlers will be split up based on age and experience)

WHEN Mondays & Wednesdays
- Session 1: Nov 9th- Dec 16th
- Session 2: Jan 4th- Feb 17th

WHERE Totino-Grace Wrestling room

TIME PreK - Grade 2: 5:15 - 6:15pm
Grade 3 - Grade 8: 6:15 - 7:30pm

COST You can pay per session ($75 each) or pay for the whole season for $125 (a $25 discount)





No experience is necessary, no equipment needed. Can wrestle in shorts, t-shirt and wrestling or tennis shoes (wrestling shoes are strongly encouraged). Individual instruction will be geared to age and experience level, with a focus on the fundamentals of wrestling.

SCAN HERE TO LEARN MORE & REGISTER:

www.totinograce.org/wrestling

FOR QUESTIONS CALL DAN VANDERMYDE AT 763.586.6305