

Upcoming Wrestling Events

2022-2023

Saint John The Baptist Wrestling

Wrestling Team

WHO: Boys in grades K-8

WHEN: Mondays and Wednesdays

- Session 1: November 14 - December 21 - \$75
- Session 2: January 4 - February 15 - \$75
- Session 3: February 20 - March 22 - \$50

TIME: 5:30 - 7:00 p.m. (Wrestlers will be split up based on age and experience).

COST: Session 2 and 3 for \$100 (\$25 discount) or pay per session.

WHERE: Totino-Grace Wrestling Room
1350 Gardena Avenue, Fridley, MN 55432

No experience is necessary. Individual instruction will be geared to age and experience level, with a focus on the fundamentals of wrestling. No equipment needed – can wrestle in shorts, t-shirt and wrestling or tennis shoes (although wrestling shoes are strongly encouraged).

REGISTER: totinograce.org/wrestling/youthclub



For questions and additional information:

Call Dan Vandermyde at [763.586.6305](tel:763.586.6305) or dan.vandermyde@totinograce.org